

3rd Nine Weeks	Supported Health TEKS	Coordinated School Health Objectives & Connections			
01/04/17 - 03/10/2017	Week:	Focus:	Resources:		
Wellness Wednesdays	K.1.A; K.6.D; K.7.B; 1.7.C; 2.4.A; 3.1.A; 3.1.F; 4.5.A	1	<ul style="list-style-type: none"> <li>Daily Hygiene</li> <li>Head Lice</li> </ul>	<a href="http://www.mypersonalhygiene.com/wp-content/uploads/2012/04/hygiene-chart-for-kids2.jpg">http://www.mypersonalhygiene.com/wp-content/uploads/2012/04/hygiene-chart-for-kids2.jpg</a> <a href="https://www.youtube.com/watch?v=9MG56G9XR1k">https://www.youtube.com/watch?v=9MG56G9XR1k</a> <a href="https://www.youtube.com/watch?v=jEy0Ltlm3nU">https://www.youtube.com/watch?v=jEy0Ltlm3nU</a>	K-1 <a href="https://www.youtube.com/watch?v=CG8F-6dZk8k">https://www.youtube.com/watch?v=CG8F-6dZk8k</a> <a href="https://www.youtube.com/watch?v=kAE458NjsrQ">https://www.youtube.com/watch?v=kAE458NjsrQ</a>
	K.1.A; K.6.A; K.6.C 1.7.A; 1.7.C; 3.3.A; 2.4.A; 2.4.D; 4.5.B,D;	2	<ul style="list-style-type: none"> <li>Germs can cause diseases - wash your hands!</li> </ul>	<a href="http://www.brainpopjr.com/health/bewell/washinghands/">http://www.brainpopjr.com/health/bewell/washinghands/</a> <a href="https://www.youtube.com/watch?v=07YNCFIS0il">https://www.youtube.com/watch?v=07YNCFIS0il</a> <a href="https://www.youtube.com/watch?v=2elxz5x2s1Y">https://www.youtube.com/watch?v=2elxz5x2s1Y</a>	<a href="https://www.youtube.com/watch?v=ghLkwSIWSXw">https://www.youtube.com/watch?v=ghLkwSIWSXw</a> <a href="https://www.youtube.com/watch?v=C4pAif3PsUY">https://www.youtube.com/watch?v=C4pAif3PsUY</a> <a href="https://www.youtube.com/watch?v=YBGsoimPXZg">https://www.youtube.com/watch?v=YBGsoimPXZg</a>
	K.6.A; K.6.B; 1.7.B; 2.4.C; 3.3.B; 4.5.C;	3	<ul style="list-style-type: none"> <li>Cold &amp; Flu prevention</li> </ul>	<a href="http://www.brainpopjr.com/health/bewell/coldsandflu/">http://www.brainpopjr.com/health/bewell/coldsandflu/</a> 3-4 <a href="https://www.youtube.com/watch?v=7D0elsuZC3w">https://www.youtube.com/watch?v=7D0elsuZC3w</a>	<a href="https://www.youtube.com/watch?v=nsJi8k4Xy3g">https://www.youtube.com/watch?v=nsJi8k4Xy3g</a> <a href="https://www.youtube.com/watch?v=ghLkwSIWSXw">https://www.youtube.com/watch?v=ghLkwSIWSXw</a>
	1.5.A-B; 1.1.B; 2.1.B; 2.1.C; 2.1.F	4	<ul style="list-style-type: none"> <li>Caring for your teeth - see the Dentist</li> </ul>	<a href="https://www.youtube.com/watch?v=OHxTyGlmxh0">https://www.youtube.com/watch?v=OHxTyGlmxh0</a> <a href="https://www.youtube.com/watch?v=hDZXSMU2IAk">https://www.youtube.com/watch?v=hDZXSMU2IAk</a> <a href="http://www.brainpopjr.com/health/bewell/goingtothedentist/p">http://www.brainpopjr.com/health/bewell/goingtothedentist/p</a>	<a href="https://www.youtube.com/watch?v=HEIZWBDaxCU">https://www.youtube.com/watch?v=HEIZWBDaxCU</a> <a href="https://www.youtube.com/watch?v=gqWbc4SyKkI">https://www.youtube.com/watch?v=gqWbc4SyKkI</a> <a href="https://www.youtube.com/watch?v=3Az_SehrMk8&amp;feature=youtu.">https://www.youtube.com/watch?v=3Az_SehrMk8&amp;feature=youtu.</a>
	2.1.A; 2.1.F; 2.6.A; 2.11.D; 3.1.F; 3.3.C; 4.11.A-C;	5	<ul style="list-style-type: none"> <li>Going to the Doctor</li> </ul>	<a href="http://www.brainpopjr.com/health/bewell/goingtothedoctor/preview.weml">http://www.brainpopjr.com/health/bewell/goingtothedoctor/preview.weml</a> <a href="https://www.youtube.com/watch?v=-SMOcPP4zE">https://www.youtube.com/watch?v=-SMOcPP4zE</a> <a href="https://www.youtube.com/watch?v=qTF-csKHp3s">https://www.youtube.com/watch?v=qTF-csKHp3s</a>	<a href="https://www.youtube.com/watch?v=QwbPoVgqmcnc">https://www.youtube.com/watch?v=QwbPoVgqmcnc</a> <a href="https://www.youtube.com/watch?v=s6VqNGP3Z24">https://www.youtube.com/watch?v=s6VqNGP3Z24</a>
	K.1.A; 1.1.A; 4.1.E;	6	<ul style="list-style-type: none"> <li>Get plenty of sleep</li> </ul>	<a href="http://www.youtube.com/watch?v=An0gFIIA9_0">http://www.youtube.com/watch?v=An0gFIIA9_0</a> <a href="https://www.youtube.com/watch?v=sRqEED_kazA_">https://www.youtube.com/watch?v=sRqEED_kazA_</a> K-1 <a href="https://www.youtube.com/watch?v=65uAa3H3pKQ">https://www.youtube.com/watch?v=65uAa3H3pKQ</a>	<a href="https://www.youtube.com/watch?v=6oEXGiWV3p8">https://www.youtube.com/watch?v=6oEXGiWV3p8</a> 3-4 <a href="https://www.youtube.com/watch?v=0o2yyOOJAes">https://www.youtube.com/watch?v=0o2yyOOJAes</a> <a href="https://www.youtube.com/watch?v=JgM9bXNVV5U">https://www.youtube.com/watch?v=JgM9bXNVV5U</a>
	K1.2.H,1.3.A-C; 1.9.C-D; 2.2.E;3.10.A-C;2.5.A; 3.2.A; 4.10.B-C;	7	<ul style="list-style-type: none"> <li>Anger Management</li> <li>Avoiding Weapons</li> </ul>	<a href="http://www.brainpopjr.com/health/relationships/anger/">http://www.brainpopjr.com/health/relationships/anger/</a> <a href="https://www.youtube.com/watch?v=MucVTTTT2BAQ">https://www.youtube.com/watch?v=MucVTTTT2BAQ</a> <a href="https://www.youtube.com/watch?v=wIEBrb_wRYc">https://www.youtube.com/watch?v=wIEBrb_wRYc</a>	K-1 <a href="https://www.youtube.com/watch?v=_mZbzDOPylA">https://www.youtube.com/watch?v=_mZbzDOPylA</a> <a href="https://www.youtube.com/watch?v=nIPSaE_HCb8">https://www.youtube.com/watch?v=nIPSaE_HCb8</a>
	K.8.A-C; 3.10.A-C;	8	<ul style="list-style-type: none"> <li>What I am-self-esteem</li> </ul>	<a href="http://www.youtube.com/watch?v=cyVzjo96vs&amp;list=PLEB0F1516D3B01C60">http://www.youtube.com/watch?v=cyVzjo96vs&amp;list=PLEB0F1516D3B01C60</a> <a href="https://youtu.be/Gms-Yk7mzv4?list=PLEB0F1516D3B01C60">https://youtu.be/Gms-Yk7mzv4?list=PLEB0F1516D3B01C60</a>	K-1 <a href="https://www.youtube.com/watch?v=KZsEr1fhqWY">https://www.youtube.com/watch?v=KZsEr1fhqWY</a> K-2 <a href="https://www.youtube.com/watch?v=tTQ8CxrANw4">https://www.youtube.com/watch?v=tTQ8CxrANw4</a> <a href="https://www.youtube.com/watch?v=IkFuiMVEI30">https://www.youtube.com/watch?v=IkFuiMVEI30</a>
	K.10.A-B; 3.2.E; 3.9.A-G; 3.11.A-G; 4.9.A-G; 4.10.A;	9	<ul style="list-style-type: none"> <li>Social Responsibility</li> </ul>	K-1 <a href="https://www.youtube.com/watch?v=aMP_J-ikmr8">https://www.youtube.com/watch?v=aMP_J-ikmr8</a> <a href="https://www.youtube.com/watch?v=ZgidfFs-j4M&amp;list=RDJGQAp2PY8yY&amp;index=2">https://www.youtube.com/watch?v=ZgidfFs-j4M&amp;list=RDJGQAp2PY8yY&amp;index=2</a> K-2 <a href="https://www.youtube.com/watch?v=bu10OxyTkkU">https://www.youtube.com/watch?v=bu10OxyTkkU</a>	<a href="https://www.youtube.com/watch?v=JGQAp2PY8yY">https://www.youtube.com/watch?v=JGQAp2PY8yY</a>

Possible Coordinated School Events:

District Events:

Nutrition Services :

National Observances :

Employee Wellness Challenges:

Health Fair, Pitch Hit Run, Jump Rope for Heart

Big Shoot Out, District Health Fair

Farm Fresh Fridays, Veg-Out (March), Fruit and Vegetable Art Contest (Theme: Outer Space)

Heart Month (Feb.), Dental Health (Feb.), School Breakfast (March), Healthy Texas Week (April),

Wellness Wednesdays (Feb. 6-Feb. 17) (Focus: Wellness)