

4th Nine Weeks	Supported Health TEKS	Coordinated School Health Objectives & Connections			
03/20/17 - 06/01/17		Week:	Focus:	Resources:	
Thirsty Thursdays	K.1.B	1	• Drink at least 8 glasses of water each day	http://www.youtube.com/watch?v=3KBCKs0Vt6	K-3 https://www.youtube.com/watch?v=gusOH0Nulok
				https://www.youtube.com/watch?v=yM6hn-Z1UWw	https://www.youtube.com/watch?v=QuW4gH4tR7E
	K.1.B; 2.1.C;	2	• Too much sugar	http://www.brainpopjr.com/health/food/sugar/	3-4 https://www.youtube.com/watch?v=EFnIGx0B5U
				3-4 https://www.youtube.com/watch?v=hWzeSbCwwjU	faculty https://www.youtube.com/watch?v=OBzvN9FLx4Q
	K.1.B	3	• Drink water instead of sugary drinks	http://www.youtube.com/watch?v=wKHi8uaoDeo	https://www.youtube.com/watch?v=kSp0IHtsui0
				https://www.youtube.com/watch?v=wKHi8uaoDeo	https://www.youtube.com/watch?v=7U767AdP4QY
	K.1.B; 2.1.C;	4	• What sugar does to your body	https://www.youtube.com/watch?v=rX5aej5Sv4s	2-4 https://www.youtube.com/watch?v=sYfw8MgN9tU
				3-4 https://www.youtube.com/watch?v=IEXBxiiQREo	https://www.youtube.com/watch?v=DXFWwL9V3Uo
	1.8.B; 2.5.B; 3.6.A; 3.6.B	5	• Going green for Earth Day - take care of our world	http://www.youtube.com/watch?v=8DJ45Yc3urg	https://www.youtube.com/watch?v=4-z-JXJFc4w
				3-4 https://www.youtube.com/watch?v=ftiCdUNkugM	3-4 https://www.youtube.com/watch?v=vONBU7btYuo
			K-2 https://www.youtube.com/watch?v=PIBLO8_2ix8	https://www.youtube.com/watch?v=9u8x7iDbHJc	
1.8.B; 2.5.B; 3.6.A; 3.6.B; 3.6.C 4.6.A; 4.6.B	6	• Reduce, Reuse & Recycle	http://www.brainpopjr.com/health/beresponsible/reducereuserecycle/preview.weml		
			K-2 https://www.youtube.com/watch?v=U3ZK5pntyNg	2-4 https://www.youtube.com/watch?v=bn8R_Xqjil0	
			3-4 https://www.youtube.com/watch?v=w18HXa3HLk	https://www.youtube.com/watch?v=G1yBQv1hLRY	
K.2.A; K.2.B; K.2.E 1.2.A-B; 1.2.F; 1.2.G 2.2.C; 2.3.A; 3.2.A;	7	• Be safe in our world • Stranger Danger • Stay away from weapons	http://www.youtube.com/watch?v=EXbmdVJOucz	K-1 https://www.youtube.com/watch?v=92HCKfYakLU	
			https://www.youtube.com/watch?v=AB38eHOHDEs	https://www.youtube.com/watch?v=QC2QxhIsSHA	
			https://www.youtube.com/watch?v=M-njh8mFvVk	https://www.youtube.com/watch?v=92HCKfYakLU	
K.7.A; 1.2.G, 1.8.B; 2.2.C; 2.5.B; 2.7.B	8	• Protect your skin - be sun safe	http://www.youtube.com/watch?v=3_V8lT67K20	https://www.youtube.com/watch?v=2bwqTDuyv7Y	
			https://youtu.be/wsDUuav21xg?list=PLzU6kAARmVhaTwOiaBPufD2KZvvsu0bbo		
			https://www.youtube.com/watch?v=Zc2wE5dVx3Y	K-2 https://www.youtube.com/watch?v=T7ghJsZug60	
K.2.E; 1.2.G; 2.2.C;	9	• Water safety	https://www.youtube.com/watch?v=UsozAHdDS80	https://www.youtube.com/watch?v=oaFt7-vyXbs	
			https://www.youtube.com/watch?v=Xrp_I6-wmWE	https://www.youtube.com/watch?v=cMTIBhyi66l	
			https://www.youtube.com/watch?v=7yAn8YOBlv8	https://www.youtube.com/watch?v=oaFt7-vyXbs	

Possible Coordinated School Events: _____

District Events: _____

Nutrition Services : _____

National Observances : _____

Employee Wellness Challenges: _____

Field Days, Track & Field,

Get Fit Jog, Rugged Race, Hershey's Track and Field

Farm Fresh Fridays

Turn off TV Week (April), Earth Day (April), National Fitness Month (May)

Thirsty Thursday (April 3-April 14) (Focus: Drink More Water)